## New Jersey Department of Health Office of Emergency Medical Services EMT Treatment Protocols

## **Opiate Overdose**

## **Initial actions:**

- Conduct scene size up, primary assessment, & immediate life-saving interventions. Have airway, ventilation & suction devices nearby & ready.
- Promptly administer oxygen by NRB or BVM at 10-15 liters/minute as needed. If available monitor SpO<sub>2</sub>.
- Request Advanced Life Support (ALS) considering their availability & hospital proximity.
- Obtain baseline vital signs, SAMPLE history, & conduct a secondary assessment attentive to respiratory depression, failure, or arrest.

Respiratory depression, secondary to an opiate overdose, is primarily managed by continuous, attentive airway care & ventilatory support. If available, reversal therapy with naloxone can be secondarily considered after ventilatory support.

Prompt transport is important – <u>DO NOT</u> delay transport to administer this treatment.

Therapy	Naloxone (Narcan ®)	
Form	Solution for atomized intranasal administration (IN) Solution for intramuscular (IM) auto-injector administration	
Source	Supplied by OEMS registered & approved EMT/agency under a Medical Director	
Authorization	EMTs operating for a registered agency who successfully complete OEMS approved training while operating u	
	the agency Medical Director's approved protocol.	
Age	No restriction, but for patients under 5 years old on-line con-	sultation with medical control and/or Medical Director
	protocol is required.	
Indications	Patients with respiratory depression or arrest secondary to known or suspected opiate overdose (as evidenced by	
	pinpoint pupils, depressed mental status, etc.)	
Contraindications	Hypersensitivity or allergy to naloxone (Narcan ®), nalmefene, or naltrexone	
	Medication is discolored, cloudy, precipitated, or expired.	
	Use cautiously with cardiac disease, supraventricular arrhythmia, head trauma, brain tumor, or	
	poly-substance overdose	
Adverse effects	Agitation/Combative     Nausea     Vomiting	Diarrhea     Tremulousness
	Diaphoresis     Tachycardia     Seizures	Dyspnea     Abdominal cramps
	Increased Blood Pressure • Cardiac Arrest/Ventricular Fibration	
	The adverse effects following naloxone administration, particularly in chronic opioid users & abusers, may	
	place the patient, emergency personnel & bystanders at risk.	
Administration	IN & IM auto-injector administration are the only authorized routes for EMTs	
	Intranasal (IN) Administration	Intramuscular (IM) auto-injector administration
	Assemble prefilled syringe & mucosal	Administer 0.4mg of Naloxone via IM auto-
	atomizer device (MAD)	injector to the lateral thigh according to the
	Place tip of MAD into the nostril & briskly push	manufacturer's recommendations
	the plunger forward, administering 1 mL (1mg,	Properly dispose of auto-injector in sharps
	half the medication) into each nostril (1 mg/mL per nare).	container
	(Naloxone should take effect in 2-5 minutes).	
Maintain vigilant air	way care & ventilation support. Be prepared to remove oropha	arvngeal airway, suction, & use a nasopharyngeal
airway if gag reflex	returns after medication administration (vomiting and pulmona	ary edema may occur).
	n, combativeness, and other withdrawal symptoms should revo	
· Administer only a s	and ready; misled by a sedated appearance, Ventricular Fibrill	
<ul> <li>Administer only a s</li> <li>Documentation</li> </ul>	and ready; misled by a sedated appearance, Ventricular Fibrillingle dose. A repeat dose is not authorized in this protocol.	lation cardiac arrest may develop after treatment.
	and ready; misled by a sedated appearance, Ventricular Fibrill ingle dose. A repeat dose is not authorized in this protocol.  • Note dose(s) & time(s) of administration & patient response.	
	and ready; misled by a sedated appearance, Ventricular Fibrillingle dose. A repeat dose is not authorized in this protocol.	lation cardiac arrest may develop after treatment.  ponse & communicate this during transfer of care to ALS

EMTs may administer IN or IM auto-injector naloxone to persons suspected of suffering from an opioid overdose <u>ONLY</u> upon successful completion of training & with the approval of their Medical Director. EMTs may administer one dose of IN or IM auto-injector naloxone to persons suspected of suffering from an opioid overdose even if an on scene police officer or lay person has already administered one dose.